

यावत् स्वस्थमिदं शरीरमरुजं यावज्जरा दूरतो  
यावच्चेन्द्रियशक्तिरप्रतिहता यावत् क्षयो नायुषः ।  
आत्मश्रेयसि तावदेव विदुषा कार्यः प्रयत्नो महान्  
संदीप्ते भवने तु कूपखननं प्रत्युद्यमः कीदृशः ॥

yāvat svastham idaṁ śarīram arujaṁ yāvajjarā dūrato  
yāvaccendriya-śaktir apratihatā yāvat kṣayo nāyuṣaḥ  
ātma-śreyasi tāvad eva viduṣā kāryaḥ prayatno mahān  
saṁdīpte bhavane tu kūpa-khananaṁ pratyudyamaḥ kīdṛśaḥ

So long as this body is fit and free from disease, as long as old age is far away, while the power of the senses is unimpaired, and there is no lessening of the life span – then indeed, the wise person should make great effort in experiencing Supreme Consciousness.  
What type of remedy is it to start digging a well for water when the house is in full conflagration?