

Ātma-bodhaḥ verse # 4

परिच्छिन्न इवाज्ञानात् तन्नाशे सति केवलः ।
स्वयं प्रकाशते ह्यात्मा मेघापायेऽंशुमानिव ॥४॥

paricchinna ivājñānāt tan-nāśe sati kevalaḥ
svayaṁ prakāśate hyātmā meghāpāye'ṁśumān iva

The Self, the I-principle, seems to be limited and bound by the individual name, form and body. The cause of this limitation and bondage is ignorance of one's own real Self. When by means of meditation, ignorance is nullified, then the self-evident, self-existent Self is cognized as omnipresent, omniscient, and omnipotent in the same as the real nature of the sun is realized when clouds are removed from the path of the seer.

Omnipresent, omniscient, and omnipotent consciousness feels a sense of limitation in the body on account of ignorance. Due to ignorance of his real nature, man has hypnotized himself with wrong suggestions. As a consequence of this hypnotic dream he feels limited in knowledge, in power, and in existence. When this ignorance is overcome through Self-analysis, the Self, which is the real existence of man which is omnipresent, omniscient, and omnipotent reveals itself and the reality of the Universe in the same way that the sun reveals the real nature of the world when clouds disappear.