



Ananda Ashram Summer Convocation & 46th Anniversary Celebration

June 25 - July 4, 2010

“World Peace through Meditative Understanding”

Daily Morning & Evening Meditation Programs 9:00am & 7:30pm (Sat. 7:00pm)

with Fire Ceremony, Sanskrit Chanting, Yoga-Vedanta Studies,
Readings from Founder's Essays & Commentaries, East-West Cultural Events

Daily Yoga Classes & Open Sanskrit Classes | Special Workshops

Jun 25 Fri

7:30pm **Opening of Summer Convocation:**

Meditation Program with Ashram Teachers

9:00pm **Kirtan with Krishna Devi** | By Donation

Jun 26-27 Sat-Sun

10:00am-12:00pm & 2:30-4:30pm ♦ **Yoga Sutra**

Weekend with Ma Bhaskarananda | Tuition \$150

10:30am-12:30pm; Sat 10:00am **Beginners**

♦ **The Yoga of Voice: North Indian Vocal Music**

Classes with Deepak Kumar | Tuition \$50/weekend;
single class (2 hr) \$30

Jun 26 Sat

7:00pm **Meditation & Readings with Joan Suval**

8:30pm ♦ **Songs by Kabira: Vocal Concert**

by Deepak Kumar, with Naren Budhakar on Tabla

Jun 27 Sun

8:30pm **Touching the Divine: Vocal Concert**

**by “Faerie” Elaine Silver, with John Guth on Guitar
& Percussion**

Jul 1 Thu

8:30pm **Ocean of Nadam Concert**

by Laraaji Nadananda

Jul 2 Fri

3:30-5:00pm **A Path Called Laughter**

with Laraaji Nadananda | Donation \$20

8:30pm ♦ **Sitar Concert by Acharya Roop Verma,**

with Naren Budhakar on Tabla

Jul 3 Sat

10:30am-12:30pm ♦ **Bharata Natyam - A Divine**

Art to Be Discovered: A Workshop with Shrimati

Priyamvada Sankar | Tuition \$30

7:00pm **Meditation & Readings with Joan Suval**

8:30pm ♦ **Kathak Dance Concert by Pandit S.N.**

Charka & the East-West School of Dance, with Live Music



Jul 4th, Sunday; Independence Day 46th Anniversary of Ananda Ashram

10:45am-1:45pm **Celebration Program** includes:

Chanting of Sanskrit Hymns

Vedic Fire Ceremony for World Peace

Reading of Shri Brahmananda Sarasvati's Message

Devotional Music & Singing

Short Addresses by:

Founding Members of Ananda Ashram

Trustees, Board of the Yoga Society of New York

Directors of Schools; Special Guests & others

2:00pm **Anniversary Feast**

Suggested Donation for Celebration & Feast: \$30

4:30pm **Yoga & Pranayama Class**

7:30pm **Meditation Program with Ashram Teachers**

8:30pm ♦ **Bharata Natyam Dance Performance by**

Shrimati Priyamvada Sankar

The symbol ♦ denotes programs offered by the International Schools of East-West Unity.

Visit www.anandaashram.org for detailed program information.

Overnight Guest Rates including Room & Board and Ashram Core Program:

Full 9-Day Convocation: Dorm \$550 / memb. \$495. Semiprivate \$690 / memb. \$620. Camping \$440 / memb. \$395.

See website for regular weekend and weekday rates.

Admission to Concerts & Performances: \$15 / memb. \$12; included for overnight guests

Tuition for Workshops is additional.

Call 845.782.5575 for overnight reservations and workshop registration.

Ananda Ashram is a Yoga retreat and a spiritual-educational center offering daily meditation programs, Yoga-Vedanta studies, Hatha Yoga and Sanskrit classes, plus classical Indian dance and music instruction and various special programs year-round. The Ashram was founded in 1964 by **Shri Brahmananda Sarasvati (Dr. Ramamurti S. Mishra)** as the country center of the Yoga Society of New York, Inc. Located in a serene, natural setting in the foothills of the Catskill Mountains just over one hour from New York City, Ananda Ashram provides simple guest accommodations with vegetarian meals.